

## CAMPIONATUL NAȚIONAL DE CULTURISM ȘI FITNESS SIBIU, 1 - 5 SEPTEMBRIE 2022

### DESFĂȘURĂTOR COMPETIȚIE DUMINICĂ, 04.09.2021

#### **09:00 – o sesiune continuă**

- 1. Master Women's Fit Model OPEN**
  - a. Runda 2 ( Prezentare individuală + 4 ¼ x 2 ) – Costum întreg
- 2. Master Women's Bikini Fitness 35-39 ani 163 cm**
  - a. Runda 2 ( Prezentare individuală + 4 ¼ x 2 )
- 3. Master Women's Bikini Fitness 35-39 ani +163 cm**
  - a. Runda 2 ( Prezentare individuală + 4 ¼ x 2 )
- 4. Master Women's Fit Model OPEN**
  - a. Runda 2 ( Prezentare individuală + 4 ¼ x 2 ) – Rochie de seară
- 5. Master Women's Bikini Fitness 40-44 ani OPEN**
  - a. Runda 2 ( Prezentare individuală + 4 ¼ x 2 )
- 6. Master Women's Bikini Fitness +45 ani OPEN**
  - a. Runda 2 ( Prezentare individuală + 4 ¼ x 2 )
- 7. Master Women's Wellness Fitness OPEN**
  - a. Runda 2 ( Prezentare individuală + 4 ¼ x 2 )
- 8. Master Women's Physique +35 ani OPEN**
  - a. Runda 2 ( 4 ¼ x 2 + poziții obligatorii ) + Runda 3 ( programul liber )

## **PREMIERE**

### **Master Women's Fit Model OPEN**

### **Master Women's Bikini Fitness 35-39 ani 163 cm**

### **Master Women's Bikini Fitness 35-39 ani +163 cm**

### **Master Women's Bikini Fitness 40-44 ani OPEN**

### **Master Women's Bikini Fitness +45 ani OPEN**

### **Master Women's Physique +35 ani OPEN**

- 9. Master Women's Bodyfitness 35-39 ani OPEN**
  - a. Runda 2 ( Prezentare individuală + 4 ¼ x 2 )
- 10. Master Women's Bodyfitness 40-44 ani OPEN**
  - a. Runda 2 ( Prezentare individuală + 4 ¼ x 2 )
- 11. Master Women's Bodyfitness +45 ani OPEN**
  - a. Runda 2 ( Prezentare individuală + 4 ¼ x 2 )
- 12. Master Men's Physique 40-44 ani OPEN**
  - a. Runda 2 ( Prezentare individuală + 4 ¼ x 2 )
- 13. Master Men's Physique 45-49 ani OPEN**
  - a. Runda 2 ( Prezentare individuală + 4 ¼ x 2 )
- 14. Master Men's Physique +40 ani OPEN**
  - a. Runda 2 ( Prezentare individuală + 4 ¼ x 2 )
- 15. Master Fit Pairs OPEN**
  - a. Runda 2 ( Prezentare individuală + 4 ¼ x 2 )

## **PREMIERE**

### **Master Women's Bodyfitness 35-39 ani OPEN**

### **Master Women's Bodyfitness 40-44 ani OPEN**

### **Master Women's Bodyfitness +45 ani OPEN**

### **Master Men's Physique 40-44 ani OPEN**

### **Master Men's Physique 45-49 ani OPEN**

### **Master Men's Physique +40 ani OPEN**

### **Master Fit Pairs OPEN**

**16. Master Men's Classic Physique – OPEN**

a. Runda 2 (4 ¼ x 2 + poziții obligatorii) + Runda 3 (programul liber)

**17. Master Men's Classic Bodybuilding 40-44 ani OPEN**

a. Runda 2 (4 ¼ x 2 + poziții obligatorii) + Runda 3 (programul liber)

**18. Master Men's Classic Bodybuilding 45-49 ani OPEN**

a. Runda 2 (4 ¼ x 2 + poziții obligatorii) + Runda 3 (programul liber)

**19. Master Men's Classic Bodybuilding +50 ani OPEN**

a. Runda 2 (4 ¼ x 2 + poziții obligatorii) + Runda 3 (programul liber)

**20. Master Men's Bodybuilding 40-44 ani 70 kg**

a. Runda 2 (4 ¼ x 2 + poziții obligatorii) + Runda 3 (programul liber)

**21. Master Men's Bodybuilding 40-44 ani 80 kg**

a. Runda 2 (4 ¼ x 2 + poziții obligatorii) + Runda 3 (programul liber)

**22. Master Men's Bodybuilding 40-44 ani 90 kg**

a. Runda 2 (4 ¼ x 2 + poziții obligatorii) + Runda 3 (programul liber)

**23. Master Men's Bodybuilding 40-44 ani +90 kg**

a. Runda 2 (4 ¼ x 2 + poziții obligatorii) + Runda 3 (programul liber)

**PREMIERE**

**Master Men's Classic Physique – OPEN**

**Master Men's Classic Bodybuilding 40-44 ani OPEN**

**Master Men's Classic Bodybuilding 45-49 ani OPEN**

**Master Men's Classic Bodybuilding +50 ani OPEN**

**Master Men's Bodybuilding 40-44 ani 70 kg**

**Master Men's Bodybuilding 40-44 ani 80 kg**

**Master Men's Bodybuilding 40-44 ani 90 kg**

**Master Men's Bodybuilding 40-44 ani +90 kg**

- 24. Master Men's Bodybuilding 45-49 ani 70 kg**
  - a. Runda 2 (4 ¼ x 2 + poziții obligatorii ) + Runda 3 ( programul liber )
- 25. Master Men's Bodybuilding 45-49 ani 80 kg**
  - a. Runda 2 (4 ¼ x 2 + poziții obligatorii ) + Runda 3 ( programul liber )
- 26. Master Men's Bodybuilding 45-49 ani 90 kg**
  - a. Runda 2 (4 ¼ x 2 + poziții obligatorii ) + Runda 3 ( programul liber )
- 27. Master Men's Bodybuilding 45-49 ani +90 kg**
  - a. Runda 2 (4 ¼ x 2 + poziții obligatorii ) + Runda 3 ( programul liber )
- 28. Master Men's Bodybuilding 50-54 ani 80 kg**
  - a. Runda 2 (4 ¼ x 2 + poziții obligatorii ) + Runda 3 ( programul liber )
- 29. Master Men's Bodybuilding 50-54 ani +80 kg**
  - a. Runda 2 (4 ¼ x 2 + poziții obligatorii ) + Runda 3 ( programul liber )
- 30. Master Men's Bodybuilding 55-59 ani +75 kg**
  - a. Runda 2 (4 ¼ x 2 + poziții obligatorii ) + Runda 3 ( programul liber )
- 31. Master Men's Bodybuilding +60 ani OPEN**
  - a. Runda 2 (4 ¼ x 2 + poziții obligatorii ) + Runda 3 ( programul liber )

## **PREMIERE**

- Master Men's Bodybuilding 45-49 ani 70 kg**
- Master Men's Bodybuilding 45-49 ani 80 kg**
- Master Men's Bodybuilding 45-49 ani 90 kg**
- Master Men's Bodybuilding 45-49 ani +90 kg**
- Master Men's Bodybuilding 50-54 ani 80 kg**
- Master Men's Bodybuilding 50-54 ani +80 kg**
- Master Men's Bodybuilding 55-59 ani +75 kg**
- Master Men's Bodybuilding +60 ani OPEN**



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