

SPEEDFIT GOLD SENIORI

FEDERATIA ROMANA DE CULTURISM SI FITNESS

CAMPIONATUL NATIONAL DE FITNESS CHALLENGE

SPEED FIT GOLD

INDIVIDUAL SENIORI

NUME COMPETITOR	CLUB	TOTAL	
CIOBANU MADALIN	CSM IASI	1'45"61	<i>1ST PLACE</i>
APETREI ANDREI IONUT	CSM IASI	1'52"88	<i>2ND PLACE</i>
POPA LUCIAN CONSTANTIN	CSM IASI	1'54"37	<i>3RD PLACE</i>

SEEDFIT GOLD SENIOARE

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SPEED FIT GOLD

INDIVIDUAL SENIOARE

NUME COMPETITOR	CLUB	TOTAL	
NOVAC ELENA	ACS POWER GYM CONSTANTA	1'57"88	1ST PLACE
STEFAN CAMELIA LACRAMIOARA	ACS POWER GYM CONSTANTA	2'00"71	2ND PLACE
KANISZAY LILLA	FITNESS PERFORMER CLUJ NAPOCA	2'14"37	3RD PLACE

GOLD INDIVIDUAL JUNIORI

FEDERATIA ROMANA DE CULTURISM SI FITNESS

CAMPIONATUL NATIONAL FITNESS CHALLENGE 2025

GOLD STANDARD

INDIVIDUAL JUNIORI

NUME COMPETITOR	CLUB	PULL UPS	KB SQUAT & PULL	DIPS	W. LUNGES	TOES TO BAR	DEVIL PRESS	TOTAL	
STOICA ADRIAN	CSM IASI	30	56	29	26	32	13	186	1ST PLACE
POPOVICI ANDREI	TORNADO VASLUI	32	41	48	21	17	10	169	2ND PLACE
ANTOCHE IONUT	TORNADO VASLUI	28	47	20	16	12	9	132	3RD PLACE
								0	<i>4th Place</i>
								0	<i>5th Place</i>

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GOLD STANDARD

INDIVIDUAL SENIORI

NUME COMPETITOR	CLUB	PULL UPS	KB SQUAT & PULL	DIPS	W. LUNGES	TOES TO BAR	DEVIL PRESS	TOTAL	
POPA LUCIAN CONSTANTIN	CSM IASI	43	91	66	69	51	18	338	1ST PLACE
NICOARA MARIUS	ACS POWER GYM CONSTANTIA	42	92	64	47	29	15	289	2ND PLACE
DOBRE SILVIU	ACS RETRO GYM TG. MURES	27	58	44	44	21	13	207	3RD PLACE
TELEHOI STEFAN	CSM SIBIU	31	56	30	23	12	8	160	4 th Place
								0	5 th Place

GOLD INDIVIDUAL SENIOARE

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GOLD STANDARD

INDIVIDUAL SENIOARE

NUME COMPETITOR	CLUB	PULL UPS	KB SQUAT & PULL	DIPS	W. LUNGES	TOES TO BAR	DEVIL PRESS	TOTAL	
NOVAC ELENA	ACS POWERGYM CONSTANTIA	39	105	43	66	40	18	311	1ST PLACE
KANISZAY LILLA	FITNESS PERFORMER	25	80	41	63	36	21	266	2ND PLACE
SUIU ELENA	TORNADO VASLUI	20	65	30	57	22	14	208	3RD PLACE
								0	4 th Place
								0	5 th Place

GOLD INDIVIDUAL SENIORI +40 ANI

FEDERATIA ROMANA DE CULTURISM SI FITNESS

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GOLD STANDARD

INDIVIDUAL SENIORI +40 ANI

NUME COMPETITOR	CLUB	PULL UPS	KB SQUAT & PULL	DIPS	W. LUNGES	TOES TO BAR	DEVIL PRESS	TOTAL	
ZAMFIR MARIUS IOAN	TORNADO VASLUI	31	90	35	45	26	16	243	1ST PLACE
ILIE ADRIAN	ACS CHAMPIONS GYM BUCURESTI	36	76	41	50	24	10	237	2ND PLACE
PIROS BOGDAN	CS EUROPOWER GYM SUCEAVA	31	54	40	35	20	12	192	3RD PLACE
								0	<i>4th Place</i>
								0	<i>5th Place</i>

GOLD INDIVIDUAL SENIOARE + 35 A

FEDERATIA ROMANA DE CULTURISM SI FITNESS

CAMPIONATUL NATIONAL FITNESS CHALLENGE 2025

GOLD STANDARD

INDIVIDUAL SENIOARE +35 ANI

NUME COMPETITOR	CLUB	PULL UPS	KB SQUAT & PULL	DIPS	W. LUNGES	TOES TO BAR	DEVIL PRESS	TOTAL	
STEFAN CAMELIA LACRAMIOARA	ACS POWERGYM CONSTANTA	33	110	50	53	29	15	290	1ST PLACE
MIHAITA ELENA	GYM CLUB MANECIU	27	70	22	25	20	13	177	2ND PLACE
								0	3RD PLACE
								0	4 th Place
								0	5 th Place

SILVER INDIVIDUAL JUNIOARE

FEDERATIA ROMANA DE CULTURISM SI FITNESS

CAMPIONATUL NATIONAL FITNESS CHALLENGE 2025

SILVER LEVEL

INDIVIDUAL JUNIOARE

NUME COMPETITOR	CLUB	PULL UPS	HEXA LIFT	DIPS ON BENCH	LUNGES	SIT UPS	KB SNATCHES	TOTAL	
BERBECARU LARISA BIANCA	CS ULISE FOCSANI	54	61	70	39	40	53	317	1ST PLACE
CINCA MARIA MADALINA	CSU ASE BUCURESTI	18	69	47	41	33	60	268	2ND PLACE
								0	3RD PLACE
								0	4 th Place
								0	5 th Place

SILVER LEVEL

INDIVIDUAL JUNIORI

NUME COMPETITOR	CLUB	PULL UPS	HEXA LIFT	DIPS ON BENCH	LUNGES	SIT UPS	KB SNATCHES	TOTAL	
STOICA ADRIAN	CSM IASI	43	58	64	42	55	61	323	1 ST PLACE
POPOVICI ANDREI	TORNADO VASLUI	50	45	74	23	41	44	277	2 ND PLACE
BLEDEA IONUT FLORIAN	CSU ASE BUCURESTI	38	58	45	38	40	36	255	3 RD PLACE
ANTOCHE IONUT	TORNADO VASLUI	43	48	60	30	34	39	254	4 th Place
								0	5 th Place

SILVER LEVEL**INDIVIDUAL SENIOARE**

NUME COMPETITOR	CLUB	PULL UPS	HEXA LIFT	DIPS ON BENCH	LUNGES	SIT UPS	KB SNATCHES	TOTAL	
VASILESCU OANA	ACS RETRO GYM TG. MURES	47	107	107	81	78	84	504	1ST PLACE
KANIZSAY LILLA	FITNESS PERFORMER CLUJ NAPOC	52	79	96	70	61	80	438	2ND PLACE
SUIU ELENA	TORNADO VASLUI	37	66	62	61	37	63	326	3RD PLACE
								0	<i>4th Place</i>
								0	<i>5th Place</i>

SILVER INDIVIDUAL SENIORI

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SILVER LEVEL

INDIVIDUAL SENIORI

NUME COMPETITOR	CLUB	PULL UPS	HEXA LIFT	DIPS ON BENCH	LUNGES	SIT UPS	KB SNATCHES	TOTAL	
APETREI ANDREI IONUT	CSM IASI	79	101	106	79	82	88	535	1ST PLACE
PATRASCU RADUCU	ACS POWERGYM CONSTANTA	71	82	92	62	52	63	422	2ND PLACE
DOBRE SILVIU	ACS RETRO GYM TG. MURES	66	67	77	42	56	68	376	3RD PLACE
TELEHOI STEFAN	CSM SIBIU	42	55	56	26	36	33	248	4 th Place
								0	5 th Place

SILVER INDIVIDUAL SENIOARE +35A

FEDERATIA ROMANA DE CULTURISM SI FITNESS

CAMPIONATUL NATIONAL FITNESS CHALLENGE 2025

SILVER LEVEL

INDIVIDUAL SENIOARE +35 ANI

NUME COMPETITOR	CLUB	PULL UPS	HEXA LIFT	DIPS ON BENCH	LUNGES	SIT UPS	KB SNATCHES	TOTAL	
FLORIA OANA	ACS RETRO GYM TG MURES	43	93	62	63	75	76	412	1ST PLACE
MIHAITA ELENA	GYM CLUB MANECIU	33	75	59	41	41	52	301	2ND PLACE
								0	3RD PLACE
								0	4 th Place
								0	5 th Place

SILVER INDIVIDUAL SENIORI +40 A

FEDERATIA ROMANA DE CULTURISM SI FITNESS

CAMPIONATUL NATIONAL FITNESS CHALLENGE 2025

SILVER LEVEL

INDIVIDUAL SENIORI +40ANI

NUME COMPETITOR	CLUB	PULL UPS	HEXA LIFT	DIPS ON BENCH	LUNGES	SIT UPS	KB SNATCHES	TOTAL	
ZAMFIR MARIUS IOAN	TORNADO VASLUI	50	78	68	49	51	66	362	1ST PLACE
POP SILVIU	CS SIL BFK BAIA MARE	46	72	73	48	54	53	346	2ND PLACE
PIROS BOGDAN	CS EUROPOWER SUCEAVA	42	52	73	37	43	46	293	3RD PLACE
								0	4 th Place
								0	5 th Place

SILVER MIXT COUPLES

FEDERATIA ROMANA DE CULTURISM SI FITNESS

CAMPIONATUL NATIONAL FITNESS CHALLENGE 2025

SILVER LEVEL

MIXT COUPLES

NUME COMPETITOR	CLUB	PULL UPS	HEXA LIFT	DIPS ON BENCH	LUNGES	SIT UPS	KB SNATCHES	TOTAL	
VASILESCU OANA/DOBRE SILVIU	ACS RETRO GYM TG MURES	113	136	173	105	105	100	732	1ST PLACE
MOLDOVAN ANCA/MADARAS LEVENTE	ACS RETRO GYM TG MURES	109	134	156	99	98	98	694	2ND PLACE
FLORIA OANA/MOLDOVAN GYORGY	ACS RETRO GYM TG MURES	55	108	123	74	65	71	496	3RD PLACE
								0	4 th Place
								0	5 th Place

BRONZE INDIVIDUAL JUNIORI

FEDERATIA ROMANA DE CULTURISM SI FITNESS

CAMPIONATUL NATIONAL FITNESS CHALLENGE 2025

BRONZE LEVEL

INDIVIDUAL JUNIORI

NUME COMPETITOR	CLUB	CHIN UPS	KB SQUAT	PUSH UPS	LUNGES	SIT UPS	KB SWING	TOTAL	
MANASTIREANU CRISTIAN	CSM IASI	56	103	81	70	68	65	443	1ST PLACE
STOICA ADRIAN	CSM IASI	40	80	53	58	67	64	362	2ND PLACE
ANTOCHE IONUT	TORNADO VASLUI	39	73	63	37	45	35	292	3RD PLACE
								0	4 th Place
								0	5 th Place

BRONZE LEVEL

INDIVIDUAL JUNIOARE

NUME COMPETITOR	CLUB	CHIN UPS	KB SQUAT	PUSH UPS	LUNGES	SIT UPS	KB SWING	TOTAL	
CINCA MARIA MADALINA	CSU ASE BUCURESTI	37	105	61	62	55	71	391	1ST PLACE
BERBECARU LARISA BIANCA	CS ULISE FOCSANI	56	88	62	60	57	68	391	2ND PLACE
TATAR GEORGIANA	R&B DANCE AND FITNESS	37	96	49	69	60	65	376	3RD PLACE
								0	4 th Place
								0	5 th Place

BRONZE INDIVIDUAL SENIORI

FEDERATIA ROMANA DE CULTURISM SI FITNESS

CAMPIONATUL NATIONAL FITNESS CHALLENGE 2025

BRONZE LEVEL

INDIVIDUAL SENIORI

NUME COMPETITOR	CLUB	CHIN UPS	KB SQUAT	PUSH UPS	LUNGES	SIT UPS	KB SWING	TOTAL	
NICOARA MARIUS	ACS POWERGYM CONSTANTIA	92	152	107	84	91	85	611	1ST PLACE
MOHORA DENIS	CST ALEXANDRIA	86	145	124	84	70	78	587	2ND PLACE
CIOBANU MADALIN	CSM IASI	82	132	92	94	80	76	556	3RD PLACE
PATRASCU RADUCU GABRIEL	ACS POWERGYM CONSTANTIA	65	141	91	84	65	80	526	4 th Place
MADARAS LEVENTE	ACS RETRO GYM TG MURES	67	143	73	78	93	70	524	5 th Place
GROSU ALEXANDRU	ACS POWERGYM CONSTANTIA	60	119	77	65	70	65	456	6 th Place
UIFELEANU ROBERT MIRCEA	CSM BISTRITA	57	113	88	58	62	54	432	7 th Place

BRONZE LEVEL**INDIVIDUAL SENIOARE**

NUME COMPETITOR	CLUB	CHIN UPS	KB SQUAT	PUSH UPS	LUNGES	SIT UPS	KB SWING	TOTAL	
MOLDOVAN ANCA	ACS RETRO GYM TG MURES	62	137	76	86	71	83	515	1ST PLACE
DIANA PIVNICERU	CS FARUL CONSTANTA	58	115	80	100	66	88	507	2ND PLACE
PARVU ANA-MARIA	ACS RETRO GYM TG MURES	54	127	40	89	66	76	452	3RD PLACE
SUIU ELENA	TORNADO VASLUI	52	110	51	80	68	73	434	<i>4th Place</i>
STANCIU ALINA MIHAELA	CS FARUL CONSTANTA	33	127	43	69	44	82	398	<i>5th Place</i>

BRONZE LEVEL**INDIVIDUAL SENIOARE +35 ANI**

NUME COMPETITOR	CLUB	CHIN UPS	KB SQUAT	PUSH UPS	LUNGES	SIT UPS	KB SWING	TOTAL	
PIVNICERU DIANA	CS FARUL CONSTANTA	45	108	67	104	71	93	488	1ST PLACE
MOLDOVAN ANCA	ACS RETRO GYM TG MURES	60	121	72	76	72	82	483	2ND PLACE
FLORIA OANA	ACS RETRO GYM TG MURES	52	141	52	79	70	83	477	3RD PLACE
SOLOMON FLORENTINA	ACS POWER GYM CONSTANTA	53	117	63	83	68	89	473	4 th Place
PARVU ANA-MARIA	ACS RETRO GYM TG MURES	40	89	27	50	64	70	340	5 th Place

BRONZE LEVEL

INDIVIDUAL SENIORI +40ANI

NUME COMPETITOR	CLUB	CHIN UPS	KB SQUAT	PUSH UPS	LUNGES	SIT UPS	KB SWING	TOTAL	
STEFAN VIRGIL	ACS POWER GYM CONSTANTA	71	116	91	66	70	70	484	1ST PLACE
ZAMFIR MARIUS IOAN	TORNADO VASLUI	47	114	67	63	66	74	431	2ND PLACE
POP SILVIU	CS SIL BFK BAI A MARE	59	88	65	63	60	66	401	3RD PLACE
								0	4 th Place
								0	5 th Place

BRONZE LEVEL

MIXT COUPLES

NUME COMPETITOR	CLUB	CHIN UPS	KB SQUAT	PUSH UPS	LUNGES	SIT UPS	KB SWING	TOTAL	
NOVAC ELENA/MARIUS NICOARA	ACS POWERGYM CONSTANTA	140	164	175	148	133	120	880	1ST PLACE
MOLDOVAN ANCA / MADARAS LEVENTE	ACS RETRO GYM TG MURES	108	151	143	120	119	95	736	2ND PLACE
FLORIA OANA/DOBRE SILVIU	ACS RETRO GYM TG MURES	89	160	136	110	107	88	690	3RD PLACE
PARVU ANA-MARIA/MOLDOVAN GYORGY	ACS RETRO GYM TG MURES	84	155	128	114	106	93	680	4 th Place
								0	5 th Place

FITNESS CHALLENGE

MINI FETE 6-8 ANI

NUME COMPETITOR	CLUB	JUMPING JAX	GENUFLEXIUNI	FLOTARI	SIT UPS	SARITURI	PLANK	TOTAL	
VANCEA AZALEEA	CS RED&BLACK DANCE BAIA MA	66	77	78	40	59	60	380	1ST PLACE
PRICOP ROSY MARY ELISAB	CSM IASI	65	63	68	38	74	60	368	2ND PLACE
CIOMPU MARIA IUSTINA	CS ULISE FOCSANI	68	80	70	20	69	60	367	3RD PLACE
BARBUR ANDREEA CEZARA	CSM BAIA MARE	80	54	66	34	69	60	363	4 th Place
ARDELEAN SOFIA MARIA	CS RED&BLACK DANCE BAIA MA	64	60	56	31	75	60	346	5 th Place
								0	6 th Place
								0	7 th Place

FITNESS CHALLENGE

MINI FETE 9-10 ANI

NUME COMPETITOR	CLUB	JUMPING JAX	GENUFLEXIUNI	FLOTARI	SIT UPS	SARITURI	PLANK	TOTAL	
HARJOBESCU NATALIA	CSM BAIA MARE	92	81	75	44	90	60	442	1ST PLACE
VISOVAN ILINCA	CSM BAIA MARE	51	90	84	34	105	60	424	2ND PLACE
POP REBECA	CSM BAIA MARE	70	72	64	42	98	60	406	3RD PLACE
CICEU ELENA	CSM BAIA MARE	76	72	67	38	68	60	381	4 th Place
TAMASI NATALIA	CSM BAIA MARE	72	76	72	39	57	60	376	5 th Place
JOSIP ZSOFIA	CSM BAIA MARE	64	70	64	40	64	60	362	6 th Place
								0	7 th Place

FITNESS CHALLENGE

FETE 11-13 ANI

NUME COMPETITOR	CLUB	GENUFLEXIUNI	FLOTARI	BURPEES	SIT UPS	SARITURI	PLANK	TOTAL	
POP NATASHA	CSM BAIA MARE	95	84	29	47	95	60	410	1ST PLACE
VEPRIC DANIELA	CSM BAIA MARE	94	72	31	38	97	60	392	2ND PLACE
ROMAN MAYRA	CSM BAIA MARE	91	74	31	39	82	60	377	3RD PLACE
ANTON SOFIA	CSM BAIA MARE	89	75	29	44	63	60	360	4 th Place
CODROIU ALYSA ALEXANDER	CS RED&BLACK DANCE BAIA MARE	96	75	23	46	57	60	357	5 th Place
								0	6 th Place
								0	7 th Place

FITNESS CHALLENGE

FETE 14-15 ANI

NUME COMPETITOR	CLUB	GENUFLEXIUNI	FLOTARI	BURPEES	SIT UPS	SARITURI	PLANK	TOTAL	
RUSU LORIANA	CSM BAIA MARE	71	73	29	42	76	60	351	1ST PLACE
								0	2ND PLACE
								0	3RD PLACE

FITNESS CHALLENGE

BAIETI 11-13 ANI

NUME COMPETITOR	CLUB	GENUFLEXIUNI	FLOTARI	BURPEES	SIT UPS	SARITURI	PLANK	TOTAL	
NICOARA VICTOR	ACS POWERGYM CONSTA	95	69	26	48	76	60	374	1ST PLACE
VASILE ANDREAS	CSU ASE BUCURESTI	75	73	20	41	77	60	346	2ND PLACE
								0	3RD PLACE

FITNESS CHALLENGE

BAIETI 14-15 ANI

NUME COMPETITOR	CLUB	GENUFLEXIUNI	FLOTARI	BURPEES	SIT UPS	SARITURI	PLANK	TOTAL	
NEGOITA ARIS CLAUDIU	CSU ASE BUCURESTI	93	82	29	61	105	60	430	1ST PLACE
NICOARA TUDOR	ACS POWER GYM CONSTAN	95	76	31	51	101	60	414	2ND PLACE
								0	3RD PLACE